

## Wreake Runners Spring Route 2:

## 'River Run' (5.6m / 8m)

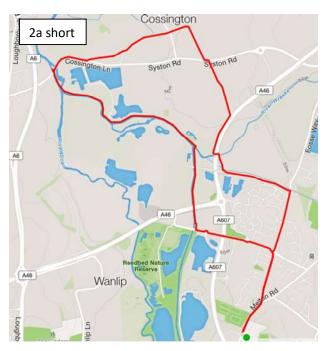


Similar to Route 1, with longer river sections, second half faster road section.

Good route for early spring / late summer when days are short

## 2a Short Route (6.2 miles)

- 1. Hub right, Fosse Way, left Wanlip Rd to Hope & Anchor
- 2. Right then follow River, keep following river all the way to Cossington Lane
- Cross road and turn right, follow road, take 2<sup>nd</sup> footpath through field to join Platts Lane
- 4. Follow Platts Lane, straight over at junction
- 5. Back lane straight on (don't turn left), join footpath on right
- 6. Follow footpath across field, cross Syston Rd, continue along path
- 7. Turn left under A46, then first right
- 8. Meadow Lane to Fosse Way
- 9. Right along Fosse Way back to Hub



## 2b Long Route (8 miles)

- 1. Hub left, Thurmaston village, right Canal St
- 2. Right then follow River, keep following river all the way to Cossington Lane
- 3. Cross road and turn right, follow road, take 2<sup>nd</sup> footpath through field to join Platts Lane
- 4. Follow Platts Lane, straight over at junction
- 5. Back lane straight on (don't turn left), join footpath on right
- 6. Follow footpath across field, cross Syston Rd, continue along path
- 7. Turn left under A46, then left and follow Wreake to Gate Hangs Well
- 8. Join road and return to Hub along Fosse Way

Interactive route 2a: https://www.strava.com/routes/7848084

Interactive route 2b:

https://www.strava.com/routes/7848061

Last update: G.Speed, Mar 2017

