

Wreake Runners Spring Route 2: 'River Run' (5.6m / 8m)

Similar to Route 1, with longer river sections, second half faster road section.

Good route for early spring / late summer when days are short

2a Short Route (6.2 miles)

1. Hub right, Fosse Way, left Wanlip Rd to Hope & Anchor
2. Right then follow River, keep following river all the way to Cossington Lane
3. Cross road and turn right, follow road, take 2nd footpath through field to join Platts Lane
4. Follow Platts Lane, straight over at junction
5. Back lane straight on (don't turn left), join footpath on right
6. Follow footpath across field, cross Syston Rd, continue along path
7. Turn left under A46, then first right
8. Meadow Lane to Fosse Way
9. Right along Fosse Way back to Hub



2b Long Route (8 miles)

1. Hub left, Thurmaston village, right Canal St
2. Right then follow River, keep following river all the way to Cossington Lane
3. Cross road and turn right, follow road, take 2nd footpath through field to join Platts Lane
4. Follow Platts Lane, straight over at junction
5. Back lane straight on (don't turn left), join footpath on right
6. Follow footpath across field, cross Syston Rd, continue along path
7. Turn left under A46, then left and follow Wreake to Gate Hangs Well
8. Join road and return to Hub along Fosse Way



Interactive route 2a:

<https://www.strava.com/routes/7848084>

Interactive route 2b:

<https://www.strava.com/routes/7848061>

Last update: G.Speed, Mar 2017