

## Wreake Runners Spring Route 3:



## 'Moody Stone Run' (6m / 8m)

Fields around Barkby, with a visit to the Moody Stone! Good route for early spring / late summer when days are short

## 3a Short Route (6 miles)

- 1. Hub right, right at mini roundabout down Barkby Lane all the way to Barkby
- 2. Through village, Beeby Rd, left Barkby Holt Lane
- 3. Right at brook, follow footpath, cross brook past pub then left through gate
- 4. Up hill through the field, cross Barkby Holt Lane
- 5. Follow path up and down the hills
- 6. Cross track, over stile, up hill over ridge and furrow
- 7. At Ridgemere Lane- option to turn right up the hill and right to visit the moody stone, then left down Ridgemere
- 8. Cross Barkby Rd, footpath through fields past oak tree to new houses
- 9. Barkby Rd Penbroke Ave back to Hub



3b Long Route (8 miles)

- 1. Hub left, Barkby Thorpe Lane. Right after railway, path along until Tough Mudder Hill, downhill
- 2. Follow path along edge of fields, left up towards Barkby Thorpe Lane
- 3. Cross road, downhill to Brook. Right, follow brook past back of monkey pub, cross road
- 4. Beeby Rd, left Barkby Holt Lane Right at brook, follow footpath, cross brook past pub then left through gate
- 5. Up hill through the field, cross Barkby Holt Lane. Follow path up and down the hills. Cross track, over stile, up hill over ridge and furrow
- 6. At Ridgemere Lane- turn right up the hill
- 7. Head into Queni, cut through path on left (opp. Coppice Lane), through to Glebe Rd, cross Barkby Rd
- 8. Path though to Millstone Lane, right Melton Rd back to Hub.

Interactive route 3a: <a href="https://www.strava.com/routes/7923900">https://www.strava.com/routes/7923900</a>

Interactive route 3b: https://www.strava.com/routes/7923857

Last update: G. Speed, Mar 2017

