

Wreake Runners Winter Route 3: 'Gleneagles Avenue' (5.6m / 7m)

A winter route through Rushey Mead & Thrumo, options are a short 5.6 mile or longer 7 mile (the latter taking on 'Humberstone Heights').

Short route (5.6 miles)

1. Hub to Thurmaston, on to Sainsbury's
2. Left along Troon Way to lights (*STRAVA segment – 'Beasley Burnout'*)
3. Right Gleneagles Ave
4. Under railway bridge then routes split...
5. Short: L along Barkby Rd to roundabout (*STRAVA segment)
6. Humberstone Lane, R @ Hill Rise – Colby Drive – up Earls Way
7. Through Asda & back to Hub.



Long route (7 miles)

1. as above, but ... Fairfax Rd,
2. L up Victoria Rd E hill to Porsche garage (*STRAVA segment)
3. over roundabout through industrial est
4. Barkby Thorpe Rd, R to Humberstone Lane...

Interactive route 3 short:

<https://www.strava.com/routes/10707794>

Interactive route 3 long:

<https://www.strava.com/routes/10707775>

