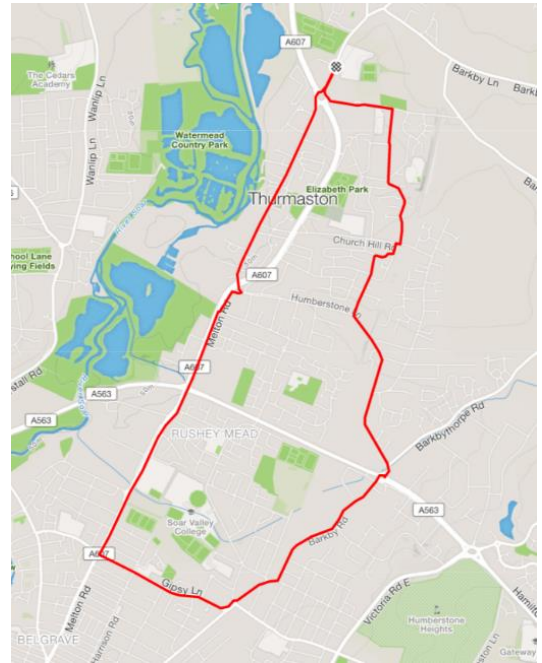


Wreake Runners Winter Route 4: 'Golden Mile Run' (4.5m / 6m / 7.8m)

A winter route taking in Leicester's famous 'Golden Mile', a short 4.5 or 6 mile or longer 7.8 mile options.

Short route (6 miles)

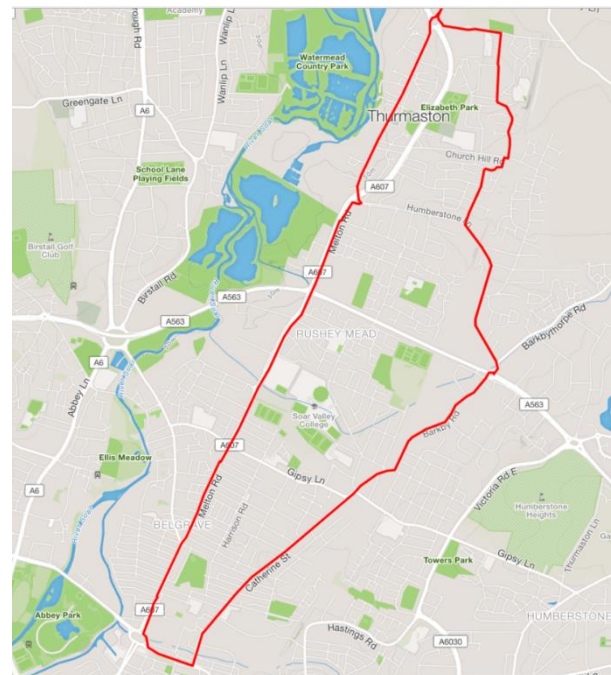
1. Left out of Hub, towards Thurmaston, cross road, over foot bridge & through Thrum village
2. Follow Melton Rd down the 'Golden Mile' (*be careful at road crossings*)
3. At cross roads, with Checketts / Gipsy - left at Gipsy Lane
4. Follow until reach BAPS temple, left then right under railway bridge (Barkby Rd)
5. Cross over A563 – along Humberstone Lane
6. Right at Silverdale Drive, follow to end
7. Right Throndale Rd
8. Left Ivydale Rd
9. Right then left up Earls Way – Highway Rd – Asda and back to Hub.



NB. *Shorter run option (4.5 miles) - left along Troon way*

Long route (7.8 miles)

1. Left out of Hub, towards Thurmaston, cross road, over foot bridge & through Thrum village
2. Follow Melton Rd all the way down the 'Golden Mile' (*be careful at road crossings*) to former flyover, left along Dysart Way
3. Left Catherine St all the way up, past BAPS temple, under railway bridge (Barkby Rd)
4. Cross over A563 – along Humberstone Lane
5. Right at Silverdale Drive, follow to end
6. Right Throndale Rd
7. Left Ivydale Rd
8. Right then left up Earls Way – Highway Rd – Asda and back to Hub.



Interactive route 8 short: <https://www.strava.com/routes/10699237>

Interactive route 8 long: <https://www.strava.com/routes/10697720>