

Wreake Runners Winter Route 7:



Syston (6.5m)



A winter route taking in some of the less frequently ran roads and paths through Syston.

- 1. Right out of Hub, towards Syston, over railway bridge
- 2. R Goodes Lane, 2nd L College Rd
- 3. At end of road Left then Right down Albion St,
- 4. Left through the Stiles along the narrow jitty, Right at end,
- 5. 2nd Right along Central Ave, cross East Ave loop around Oxford St
- 6. Right East Ave, 4th Left down Brighton Ave
- 7. Cross Rd along Parkstone Rd.
- 8. 2nd Right Shirley Ave, cross Parkstone Rd, along Clumber Close , follow path along to the left join Upper Church St, past school and church
- 9. At High St cross over to School St follow to Brookside / Syston Brook
- 10. Right along Brookside
- 11. Left St Peters St
- 12. Right Broadway, Left Broad St to Melton Rd
- 13. Right, over the railway bridge
- 14. Right Wanlip Rd, 2nd Right Wolsey Way
- 15. Right @ Fosse Way
- 16. Left @ Glebe Way
- 17. Left Swallow Drive
- 18. Left Teal Way
- 19. Right then Left Sedgefield Dr follow along and right
- 20. Left @ Moorland Rd
- 21. Left @ Glebe Way to Wanlip Rd, then Right
- 22. Down Rayns Way, left down poo lane (footpath before roundabout)
- 23. Roman Way, Right @ Fosse Way, and back to Hub!

Interactive route 7: https://www.strava.com/routes/7410030

Created: Feb 2017 (D.Palmer & G.Speed)