

Wreake Runners Spring Route 1:

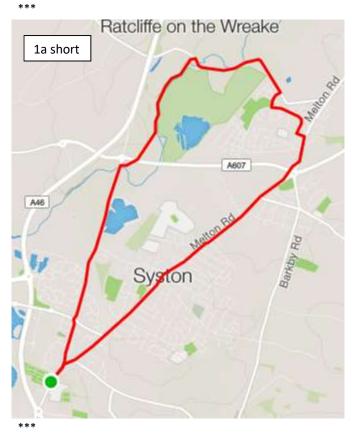


Beedles (5.6m / 7m)

This route combines a first half cross country section along the River Wreake, and second half faster road section

1a Short Route (6.5 miles)

- 1. Hub right, Fosse Way keep going all the way to the Gate Hangs Well pub
- 2. Footpath on right after pub & bridge, across field under A607
- 3. Follow footpath through ridge and furrow fields, past possible cows, keeping with river Wreake on your right
- 4. Footpath narrow through woods.
- At Broome Lane turn right, careful blind spots on bendy road. Follow all the way to Melton Rd
- 6. Straight back along Melton Rd through Syston back to Hub.



1b Long Route (8.1 miles)

- 1. Hub right, Fosse Way, left Wanlip Rd to Hope & Anchor
- 2. Right then follow River to Three Turns Bridge
- cross bridge then turn right and follow River Wreake to Gate Hangs Well (*Strava segment*)
- 4. Cross road and join footpath. Remaining part of route same as above...

Interactive route 1a: https://www.strava.com/routes/7711828

Interactive route 1b:

https://www.strava.com/routes/7711823

Last update: G.Speed, Mar 2017

