

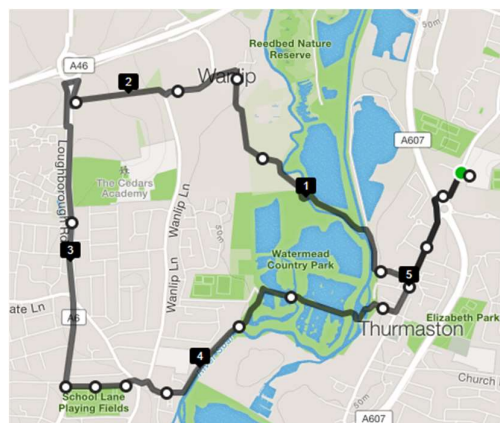
Wreake Runners Spring Route 5: 'Watermead+Birstall' (5.5m / 7.5m)

Across and through Watermead to Birstall, longer route near to Thurcaston.

Good route for early spring / late summer when days are short

5a Short Route (5.5 miles)

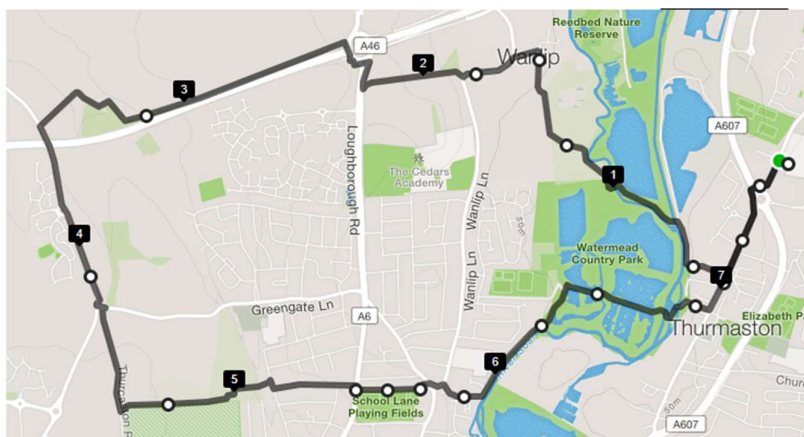
1. Hub left, Thrumy, Mill Lane, right through Watermead
2. Over bridge, footpath (often wet here!) towards Wanlip
3. Join Wanlip Lane, left, at sharp left bend follow footpath uphill (we sometimes use this for hill reps)
4. Top of hill left down A6 towards Birstall
5. Left down past school lane playing fields
6. Down the road towards Watermead
7. Left back through the lakes towards Hub



5a short

5b Long Route (7.5 miles)

1. As above, when joining A6 turn right
2. Find footpath on north of A6, follow this a around 1m (narrow & often overgrown)
3. Follow path to right and over field to join road
4. Left along Leicester Rd then Thurcaston Rd
5. Left along footpath (through big fence/gate) on edge of golf club
6. Downhill on footpath all the way down to A6, re-join short route as above



Interactive route 5a: <https://www.strava.com/routes/12274283>

Interactive route 5b: <https://www.strava.com/routes/12274287>

Last update: G. Speed, Mar 2018