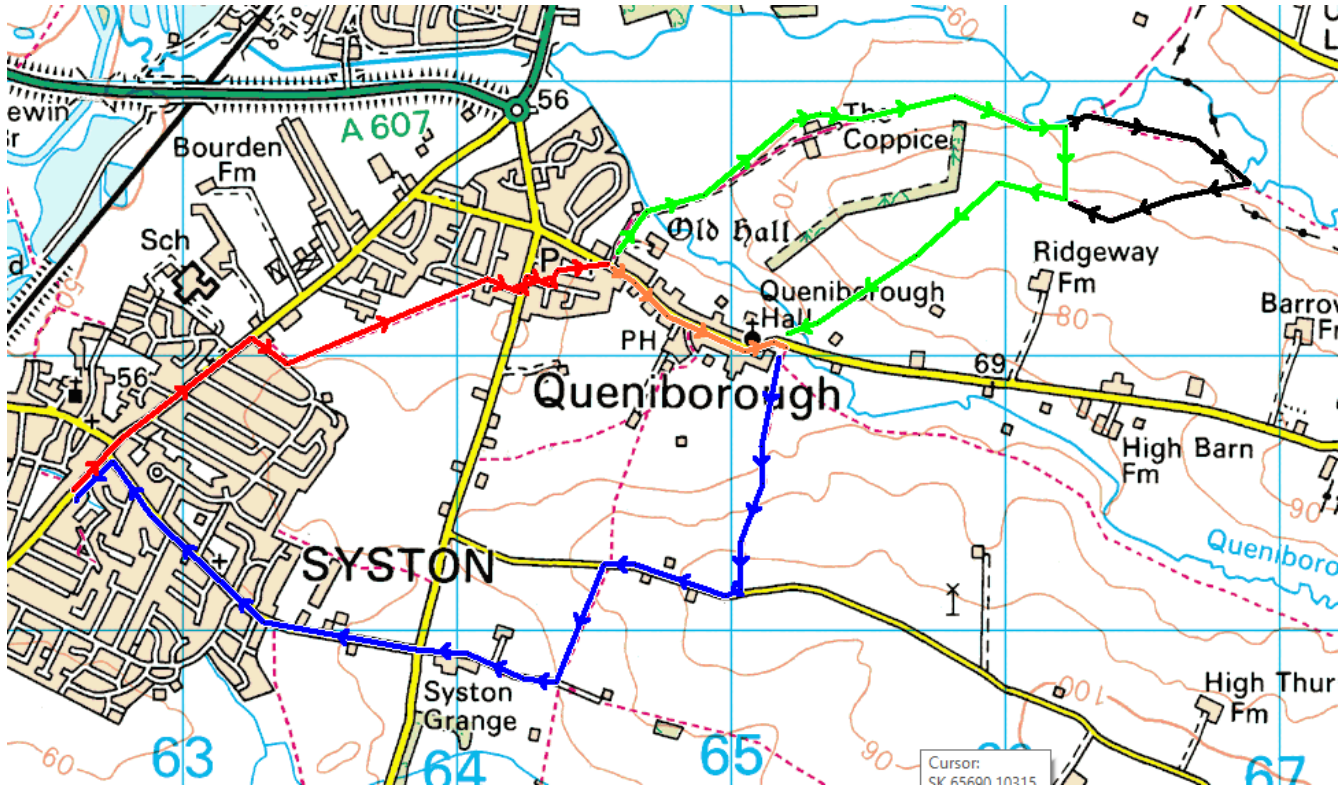


3 Queni Coppice & Hall

An old club run rescued from the archives, still great to run today!

Start: central Syston (car park by Brook)



SHORT ROUTE 4.5 miles

(red, orange & blue)

1. Right along Melton Rd
2. Right up Millstone Lane
3. Footpath left to Queniborough
4. Avenue Rd, right then left at T junction
5. Cross over and go onto Glebe Rd
6. Footpath on left, comes out onto Main St.

LONG ROUTE 7 miles

(red, green, black, blue)

1. As middle route but continue along FP then double back up hill & re-join route.

MEDIUM ROUTE 6 miles

(red, green, blue)

1. As short route to No.6.
2. Go straight across onto Coppice Lane, all the way along, through 3 fields
3. After 3rd? gate, turn right climb a metal gate
4. Up to top of the hill, keep to path, hedge on your right
5. At top turn right on to path, descend diagonally across field to Queni Hall
6. Cross road, run up fields to Ridgemere
7. Right, then take footpath on left, down field
8. Right at farm track back into Syston