

## Gleneagles (4.5 / 5.6m / 7miles)

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A winter route through Rushey Mead & Thrumo, options are a short 4.5m, medium 5.6 mile, or long 7 mile (the latter taking on 'Humberstone Heights').

1. Hub to Thurmaston, on to Sainsbury's
2. Left along Troon Way to lights  
(\*STRAVA segment – 'Beasley Burnout'\*)
3. Short route: continue to 6.
4. Right Gleneagles Ave, under railway bridge then routes split...
5. Medium route: L along Barkby Rd to roundabout (\*STRAVA segment)
6. Humberstone Lane, R @ Hill Rise – Colby Drive – up Earls Way
7. Through Asda & back to Hub.



Long route:

1. as above, but ... Fairfax Rd,
2. L up Victoria Rd E hill to Porsche garage  
(\*STRAVA segment)
3. over roundabout through industrial est
4. Barkby Thorpe Rd, R to Humberstone Lane...

Interactive route 2 short:

<https://www.strava.com/routes/16740658>

Interactive route 3 medium:

<https://www.strava.com/routes/10707794>

Interactive route 3 long:

<https://www.strava.com/routes/10707775>

