

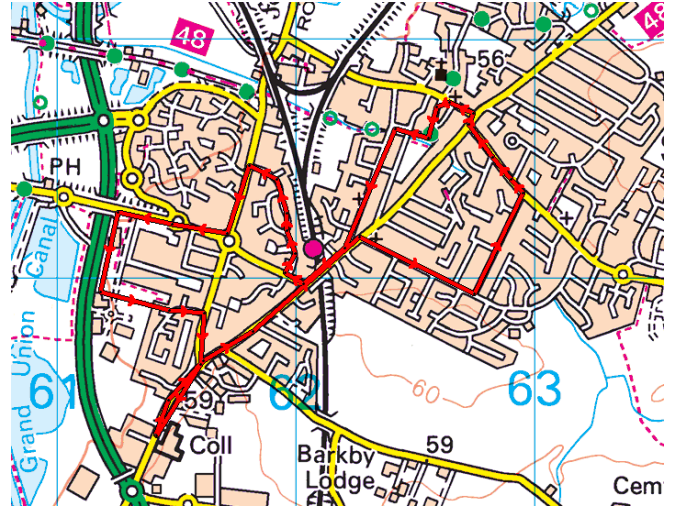
## Winter Route 7: Syston (4m or 6.5m)

A winter route taking in some of the less frequently ran roads and paths through Syston.

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### Short Route (4 miles)

1. Right out of Hub, towards Syston, over railway bridge
2. R Goodes Lane, 2nd L College Rd
3. At end of road left down Barkby Road
4. Straight over spot island into High St.
5. Left into School St follow to Brookside / Syston Brook
6. Right along Brookside
7. Left St Peters St
8. Right Broadway, Left Broad St to Melton Rd
9. Right, over the railway bridge
10. Right Wanlip Rd, 2nd Right Wolsey Way
11. Left @ Fosse Way
12. Right @ island into Wanlip Road
13. Left down Rayns Way
14. Left down poo lane (footpath before roundabout)
15. Into Roman Way, Right @ Fosse Way, and back to Hub!



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### Long Route (6.5 miles)

1. Right out of Hub, towards Syston, over railway bridge
2. R Goodes Lane, 2nd L College Rd
3. At end of road Left then Right down Albion St,
4. Left through the Stiles along the narrow jitty, Right at end,
5. 2nd Right along Central Ave, cross East Ave loop around – Oxford St
6. Right – East Ave, 4<sup>th</sup> Left down Brighton Ave
7. Cross Rd along Parkstone Rd.
8. 2<sup>nd</sup> Right Shirley Ave, cross Parkstone Rd, along Clumber Close, follow path along to the left join Upper Church St, past school and church
9. At High St cross over to School St follow to Brookside / Syston Brook
10. Right along Brookside
11. Left St Peters St
12. Right Broadway, Left Broad St to Melton Rd
13. Right, over the railway bridge
14. Right Wanlip Rd, 2nd Right Wolsey Way
15. Right @ Fosse Way - Left @ Glebe Way - Left Swallow Drive - Left Teal Way
16. Right then Left Sedgefield Dr follow along and right - Left @ Moorland Rd
17. Left @ Glebe Way to Wanlip Rd, then Right
18. Down Rayns Way, left down poo lane (footpath before roundabout), Roman Way, Right @ Fosse Way, and back to Hub!



Interactive route 7 (long): <https://www.strava.com/routes/7410030>