



1. Pavilion R Melton Rd, R after railway bridge Wanlip to Hope & Anchor
2. Right then follow River Wreake to its confluence with the Soar.
3. *Mini 5km route* - @ three turns bridge take footpath straight on across field, R @ road, then R re-join end of main route.
4. *Short Route*: R @ Syston Rd, L @ Platts Lane. Follow Platts Lane, straight over at junction, Back lane straight on (don't turn left), join footpath on right.
5. *Long route*: cross road continue to follow Soar river path along edge of Cossington Meadows. @ Mill Lane cross bridge towards Silby, R towards Cossington, take FP before entering village.
6. Follow footpath across field, cross Syston Rd, continue along path. L under A46, then R, return to Syston.